



Hats Off to Tradition 5

He finally put down the bottle and got to a meeting. But what was everyone talking about? And what did it have to do with drinking?

BY: MORGAN J. | ANNAPOLIS, MD.

My first AA meeting was on a Monday in August. That was the day I first reached out for help. I called the local number for AA after people encouraged me to check it out. After a few brutal weeks of not being able to explain to anyone what was happening to me, I made the call, using that "500-pound phone."

A very nice-sounding voice answered my call and I was told about a meeting that night at a church in town. It started at 8:30. The voice asked whether I could not drink until then and I said yes.

I arrived promptly at 8:30 and went into the meeting room. The chairs were all taken so I had to lean against the wall, propping myself up with my crutches since my legs weren't working that well. No one offered me a chair or even acknowledged my presence and I stayed there for the duration of the meeting. I don't know why I stayed. I guess I thought it would be rude to leave.

The lady who led the meeting talked about hats. She had this thing about buying hats, she said. She had hats packed in her car and all over her house. She didn't wear a hat all that often, but she had to have them.

I didn't wear a hat. I didn't like hats, so I didn't understand why they were talking about hats. I thought it was going to be about AA or at least that's what I was told they would be talking about.

I left that meeting and decided AA wasn't for me. They certainly didn't talk about anything that I could identify with and I certainly didn't hear about how to deal with my drinking. I certainly wasn't welcomed.

That was on a Monday. I can't tell you what happened on Tuesday or Wednesday, but on Thursday I decided I had to do something. I was losing my mind. Booze had stopped working. I came to the realization that I was dying just like my father had, just like his sister had and just like my other relatives had. I didn't want to go through that horrible final period of life like they had. I had tried everything—even AA, and nothing helped.

Continued next page

AA Central Office
of Shreveport

24 Hr. Hotline
(318) 865-2172

office@aa-shreveport.org

www.aa-shreveport.org

Office Hours

Mon, Tues, Weds, & Fri

10am- 4pm

Thurs 10am- 5pm

Groups Responsible for

HOT LINE

April 2024

LAMBDA May 6-12

Bellaire May 13-19

Minden May 20-26

Hardy May 27-June 2

*This is a great service
that you do for the person
that is still suffering.*

THE HOT LINE
OUR MISSION:

"When anyone anywhere reaches out I want the hand of A.A. to be there. For that I am responsible." BW

If your group is not currently taking the hot line at least one week a year, please call us to add your group! Call the Central Office for the schedule!

We need the help of your group and individuals to keep the 24 hour Hotline open for the still suffering alcoholic!

We need you!

I decided that I should just end it all to stop the screaming in my head. I wanted to drive my car into a corner of a bridge that was shaped like a catcher's mitt just outside of town. I thought it would be a perfect spot to drive my car into. I tried seven times that Thursday morning, and each time, as I was about to aim my car into that corner, I was cut off by another car. I didn't want to hurt other people by ramming another car, so I crossed the bridge and made a U-turn on the other side. I came back across the bridge, exited and crossed over the highway. I came down the on-ramp and tried for that corner, again and again. After those seven attempts, I felt like a complete failure. I couldn't even kill myself.

For reasons I can't explain, I went back to that same AA meeting the following Monday. I went a little earlier because I wanted to find a chair before they were all taken. This time I was met at the door by someone I knew. My friend took me inside and sat me down and then got me a half a cup of coffee because he could see that my hands were shaking, and he didn't want me to spill coffee on myself.

My friend then proceeded to tell me about AA, what it was and what it wasn't. He told me that I had a million friends that I hadn't met yet and that I never had to feel the way I was feeling ever again. He also told me that I never had to drink again. After the meeting was over, he said something very important. He said that there was another meeting the next day. Would I like to go? Yes, I said.

We met at that meeting and when it was over, he said to me that there was another meeting the next day and asked if I would like to go. Yes, I said.

The pattern for my recovery was established in those first few days and it has continued ever since. I've had ups and downs like everyone else has, as promised, but I've never had to drink another drink and I've never felt the same way I felt back then. Life has since become something that I really look forward to every day. It's been almost 40 years since that awful Thursday morning. I no longer think about driving my car into that bridge. Maybe if I had made one more crossing of that bridge or if I hadn't been met by someone who welcomed me into AA, my life's outcome would have been different.

I sometimes wonder if we haven't lost other suffering alcoholics because we forgot to stick to our message and told stories at our meetings that didn't focus on our recovery from alcoholism. Our message of recovery is important. It can save a life. Sharing about hats that day almost cost me mine.

Reprinted with Permission, AA Grapevine, May 2020

The Message is published to improve communications between local A.A. Groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Central Office of Shreveport Intergroup or Alcoholics Anonymous.

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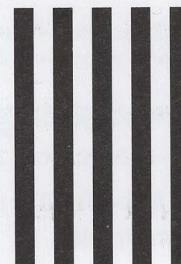
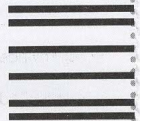
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STEP FIVE: “Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

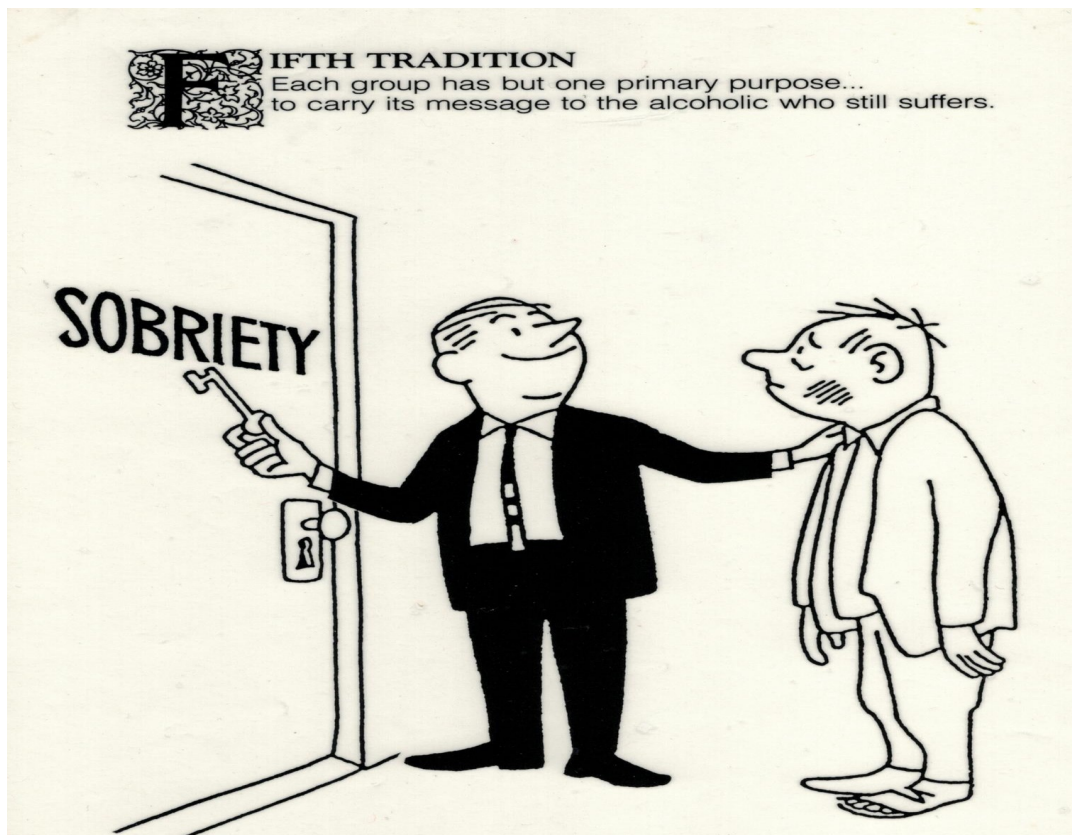
Twelve Steps and Twelve Traditions pg. 55
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TRADITION FIVE: “Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.”

Twelve Steps and Twelve Traditions pg. 151
Reprinted with permission of A.A. World Service

TRADITION FIVE Check List

1. Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?
2. Am I willing to explain firmly to a newcomer the *limitations* of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way to fulfill our primary purpose?
6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?



Reprinted with permission of A.A. World Services

CONCEPT FIVE: “Throughout our world service structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.”

Twelve Concepts for World Services, pg. 22
Reprinted with permission of A.A. World Service

Step Five: A Clean Slate

Those Tormenting Ghosts of Yesterday

By Rick R.

We were all born with a clean slate. From the first day of our lives, we started to experience different emotions and those feelings had to do with the way we evolved into who we are today. Instinctively we responded to the different Threats and Comforts, of life, and these were the things that established our mental Strengths and Weaknesses. I believe, our problems can be traced back to the conditioning we experienced as we formed our Mental and Spiritual makeup. The perception we have of ourselves may be likened to a chalkboard containing every experience of our lives. If we can look at it and be satisfied that we had a good track-record, we would be comfortable with it and lead a normal life. If, however, we find ourselves on the negative side of the ledger in our formative years, we may develop abnormal feelings of guilt and shame, that triggers the beginning of the compulsion to drink excessively.

In the beginning we get a temporary relief that tells us that we are fine, but it only lasts until we wake up the next morning and find ourselves in an even deeper quandary. We reach for the bottle, and again it gives us that temporary euphoria, and we repeat this process over and over until, something tragic in our lives drives us to Alcoholics Anonymous (A.A.) where we are encouraged to go through a process that can restore us to a more normal life.

Steps One through Four are about surrender, acceptance, and discovery. Step five is about disclosure and for me, it was the gateway to how I was to live the rest of my life. After two attempts at Step Four, I was faced with the decision as to whether my future was going to be honest and meaningful, or just a meaningless facade. Fortunately, for me, I took a leap of faith and disclosed all those, so called, *tormenting ghosts of yesterday*, (12&12 pg.55) and looking back on it now, I realize that the decision to do this was the hinge pin for my thoroughness, with the rest of the steps. Had I not Cleaned the Slate at that time, I just do not see how I could have followed the spirit of truth and honesty, with myself and others that would have resulted in the peace of mind that I enjoy today.

My inventory had to deal with bad, habits and deeds which had to be changed by the process suggested in steps six and seven. That was the easy part of step five. However, *those tormenting ghosts of yesterday* were another story. These were not habits, but deeds that I had done as an adolescent kid that seemed unforgivable. *No one should ever know; I would take them to the grave with me.* Mustering the strength to take that risk may have been the most crucial step forward I have ever made. My brain had been lying to me, after all; how bad could a thirteen-year-old kid be? That one decision is what I credit with giving me my life back and if I had not done it, I do not see how I could have given a good effort to the rest of the steps.

I often hear members of the program that seem to resist looking deeper into their regrets and seem to build a wall of reasons why they do not need to, and I wonder if they might be caught up in the same dilemma that I was in when I took my fifth step. I wish I could reassure them that it is not worth the mental torment that it puts us through and that it may be wise to revisit that step and clean the slate. We cannot live alone with them; we must talk to someone about them. (Even A.A. old-timers, sober for years, often pay dearly for skimping this step. (12&12 pg. 56) If, you are that person, I encourage you to try to garner the strength to take that risk, and clean the slate; Afterall, we only live once. Let us not waste the opportunity to live a peaceful and contented life.

CENTRAL OFFICE NEEDS YOU!



WHAT IS CENTRAL OFFICE?

CENTRAL OFFICE IS COMPRISED OF A GROUP OF SERVANTS WHO HELP TO FACILITATE THE 12TH STEP CALL AND PROVIDE INFORMATION AND ASSISTANCE TO OUR LOCAL AA COMMUNITY.

WHERE IS CENTRAL OFFICE?

2800 YOUREE DRIVE
SUITE 362
SHREVEPORT, LA 71104
(318) 865-2172

CENTRAL OFFICE NEEDS

- STEERING COMMITTEE MEMBERS
- MONETARY CONTRIBUTIONS
- YOUR BUSINESS

STEERING COMMITTEE MEMBERS

- SECRETARY
 - RESPONSIBILITIES
 - RECORD AND MAINTAIN MINUTES AT STEERING COMMITTEE/COI MEETING THE FIRST TUESDAY OF EACH MONTH
 - REQUIREMENTS
 - 3 YEARS OF CONTINUOUS SOBRIETY
- TREASURER
 - RESPONSIBILITIES
 - REVIEW ALL FINANCIAL RECORDS AND REPORTS AT CENTRAL OFFICE, OVERSEE PREPARATION AND TIMELY FILING OF REQUIRED RETURNS AND REPORTS, AND REPORT FINDINGS TO THE STEERING COMMITTEE AND COI REPRESENTATIVES
 - REQUIREMENTS
 - 3 YEARS OF CONTINUOUS SOBRIETY
 - EXPERIENCE WITH QUICKBOOKS AND GENERAL ACCOUNTING PREFERRED
- PUBLIC INFORMATION COMMITTEE MEMBERS
 - RESPONSIBILITIES
 - ASSIST PI CHAIR IN DISSEMINATING INFORMATION ABOUT AA TO OUR COMMUNITY
 - REQUIREMENTS
 - WILLINGNESS TO SERVE

MONETARY CONTRIBUTIONS

CENTRAL OFFICE IS KEPT RUNNING FOR OUR COMMUNITY AND BY OUR COMMUNITY!
GROUP DONATIONS ARE DOWN SIGNIFICANTLY AS ARE CENTRAL OFFICE BACKERS.

WHAT CAN YOU DO TO HELP?

- ENCOURAGE YOUR HOME GROUP TO SEND REGULAR DONATIONS
- MAKE A ONE-TIME OR WHEN-POSSIBLE DONATION
- BECOME A CENTRAL OFFICE BACKER (SCHEDULING A REGULAR CONTRIBUTION TO CENTRAL OFFICE)

BUSINESS

ONE OF THE EASIEST WAYS TO SUPPORT CENTRAL OFFICE IS BY SHOPPING LOCAL!

COME TO CENTRAL OFFICE FOR ALL OF YOUR RECOVERY/GROUP NEEDS, INCLUDING: LITERATURE, PAMPHLETS, MEDALLIONS, JEWELRY, AND MORE!

CALL OR EMAIL CENTRAL OFFICE TO ORDER AHEAD!

Central Office **NEEDS YOU!!!**

Join the Central Office STEERING COMMITTEE

Secretary & Treasurer Positions Available

Please Come to Our Next Committee Meeting

Tuesday, May 7, 2024 @ 6:00pm

Central Office Steering Committee & COI Meetings

First Tuesday of the Month

6:00 pm– Steering Committee Meeting

6:40 pm– COIs & Steering Committee

@ Central Office, 2800 Youree Dr., Ste 362A, Shreveport 71104

Central Office Intergroup

First Saturday of Month

Generally

Even numbered Months

At Highland Club

1711 Tulane Ave., S'Port 71103

&

Odd numbered Months

At Koala Club

4809 Shed Rd., Bossier City 71111

Tri-State Convention

Committee

Second Sunday of Month

Next Meeting

May 12

**2:00pm at
Central Office**

District 1 Area 27

Third Tuesday of Month

**6:30pm at
Highland Club**

DCM

Jane Rowell

(318) 564-9043

janeerowell1@gmail.com

Treatment & Corrections

Second Tuesday Every Other Month

Next Meeting **May 14th**

6:00 PM at Central Office

Thanks to all the **Central Office Backers** contributions for the month of **March 2024**. If you would like to be a Central Office Backer (COB) just give us a call (318-865-2172) and we will happily email, fax or mail the application to you.

March 2024...\$98.01

Thanks for all the **Group Contributions...March 2024...\$1,037.55**

Grace...\$75.00

Lunch...\$57.00

Margaret Place...\$124.10

No Guarantee...\$125.00

Personal Recovery...\$75.00

Saturday Nite Live...\$127.00

Tulane...\$34.45

Twin City...\$10.00

White Dive...\$100.00

Other...\$310.00

Bill W. said "I am responsible. When anyone reaches out for help, I want the hand of A.A. to always to be there. And for that I am responsible."

Thanks for helping your Central Office be responsible!!!

Addresses for Group Contributions for 2024:

Central Office of Shreveport

2800 Youree Dr., #362A, Shreveport, LA 71104 (50%)

District 1, Area 27

P. O. Box 3924, Shreveport, LA 71133 (10%)

Louisiana Area Assembly, Inc.

7350 Jefferson Hwy., Suite 485-179

Baton Rouge, LA 70806 (10%)

General Service Office

P. O. Box 2407, James A. Farley Station,

New York, NY 10116-2407 (30%)

***(Percentages are suggested based on support of four service entities)
(Use your group conscience)***

Calling all Traditions Fans!!!

The Steps keep us Sober and the Traditions keep A.A. Alive

The Half Past Five Group

Is now having a **Traditions** meeting

Every **Wednesday** at **5:30 PM**

Going through the Traditions one each week.

We would appreciate anyone interested to please attend and

Share your experience, strength and hope.

Tulane TUESDAY SPEAKER Meetings



May 2024

May 7 Rebecca B.

May 14 Shayne P.

May 21 Eddie M.

May 28 David C.

7:00pm

Highland Club

1700 Tulane Ave.
Shreveport 71103



Thirsty for Peace & Serenity in Your Life?

Thirsty Thursday

meets every

Thursday @6pm.

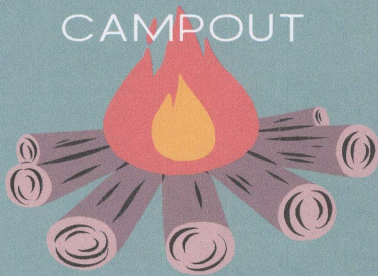
Free coffee!

The meeting location is:

305 Texas St.
Mansfield La 71052

(In the Fitness First building, back room)

37th ANNUAL SERENITY WEEKEND CAMPOUT



MAY 3-5, 2024

WHERE TO FIND US?

WHERE TO FIND US:
LAKE O' THE PINES
JOHNSON CREEK GROUP CAMPGROUND
580 CRESTWOOD PARK RD
AVINGER, TX 75630

Fellowship, Peace, and fun!

50/50 Raffle Raffle Prizes

*Bring a Desert for a Free
Raffle Ticket*

TO PRE- REGISTER:



Registration: \$10.00
RV Hook Up: \$12.00
Camping (Tent): \$7.00



JOIN US ON
FACEBOOK:

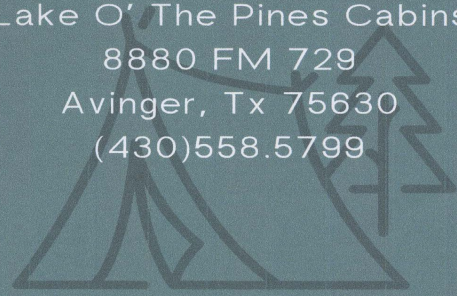
Don't want to pitch a tent?

Reserve a room at:

Bullfrog Marina Cabins:
469 James Rd.
Avinger, Tx 75630
(903)755.2712

Motel Among the Pines:
8945 FM729
Avinger, TX 75630
(903) 755.2725

Lake O' The Pines Cabins
8880 FM 729
Avinger, Tx 75630
(430)558.5799



FRIDAY (5/3)

3:30 P.M - Camp Grounds
Open & Registration
6:00 P.M.- Supper
8:00 P.M. -Speaker Meeting
Scott B., Longview, Tx
9:30 P.M. - Camp Fire Meeting

SATURDAY (5/4)

7:00-8:30 A.M. - Breakfast
10:00 - AA Meeting
12:00 P.M. - Lunch
1:00P.M. - Committee Meeting
(ICE CREAM SOCIAL)
2:30 - Alanon Speaker
Susan E. -Shreveport, LA
4:00- Gratitude Meeting
5:30 P.M. - Supper
6:30 P.M- Raffle and
Sobriety Count Down
8:00 P.M. - AA Speaker
Amanda B. - Shreveport
9:00- 10:30p.m - Dance

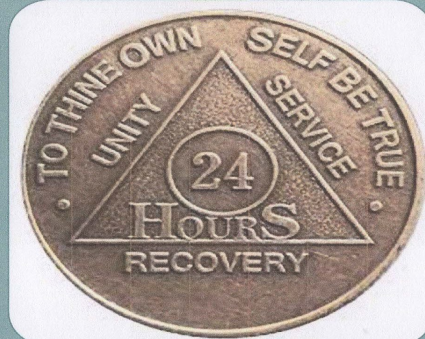
*TO WATCH PEOPLE
RECOVER, TO SEE THEM
HELP OTHERS, TO WATCH
LONELINESS VANISH, TO
SEE A FELLOWSHIP GROW
UP ABOUT YOU, TO HAVE A
HOST OF FRIENDS -- THIS
IS AN EXPERIENCE YOU
MUST NOT MISS.*

Big Book P.89

SUNDAY (5/5)

8:30 A.M. - Breakfast
9:30 - Committee Meeting
10:30 - Camp Clean-up

For More information:
Judy K. - 318-762-8653
Chuck C. - 318-347-5717



MAY INTERGROUP JAMBALAYA DINNER



WHEN: SATURDAY MAY, 11, 2024

WHERE: KOALA CLUB

SPEAKERS:
LAURA J. & BRIDGET V.

HOSTED BY: MAKING LIFE COUNT &
STILL MAGNOLIAS

FOOD @ 6:00 PM
SPEAKERS TO FOLLOW

PLEASE BRING
A DESSERT

Thursday May 16th

- 5:00 PM Registration Begins at Barak Shrine Temple
- 6:30 PM Hospitality Room Opens
- 8:00 PM Kickoff Meeting
AA Speaker: James M. (Breaux Bridge, LA)

Friday May 17th

- 4:00 PM Registration
- 6:00 PM Hospitality Room Opens
- 7:30 PM Opening Ceremony: Sobriety Count Up
- 8:00 PM AA Speaker: Carl C. (New Orleans, LA)

Saturday May 18th

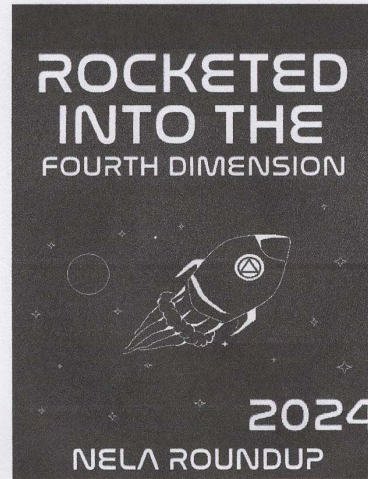
- 8:00 AM Registration and Hospitality Room Opens
- 9:00 AM Al-Anon Meeting
- 10:00 AM Al-Anon Speaker: Maddie T (Houston, TX)
- 11:15 AM Workshop/Panel (Shriner Room) – Topic TBD
- 12:30 PM Hospitality Room Opens
- 2:00 PM Open AA Meeting
- 3:30 PM Workshop/Panel (Shriner Room) – Topic TBD
- 5:15 PM Hospitality Room Opens (Fish Fry)
- 6:45 PM Prize Raffle and 50/50 Raffle
- 8:00 PM AA Speaker: Jeff N. (Oxford, MS)
- 9:30 PM Talent Show (Following Speaker)

Sunday May 19th

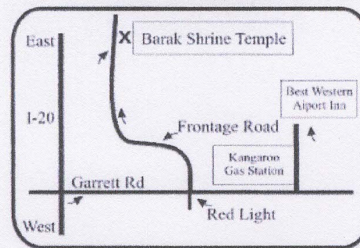
- 8:00 AM Hospitality Room Opens
- 9:45 AM Sobriety Count Down
- 10:00 AM AA Speaker: Mitzi R

37th Annual NELA Roundup AA Convention

In cooperation with Al-Anon



Voice: Ryan P. (West Monroe, LA)
Convention Chair: Jill J. (318) 737-8242
nelaroundup@gmail.com



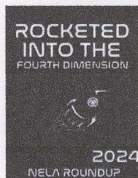
BARAK SHRINE TEMPLE
6620 FRONTAGE ROAD, MONROE, LOUISIANA 71202

37TH ANNUAL NELA ROUND UP 2024 – Rocketed Into The Fourth Dimension – REGISTRATION

The convention Hospitality Room will open Thursday at 6:30 p.m. and close during each meeting

Registration: \$30 each **Please wear badges at ALL times**

Name: <small>(Print Clearly)</small>	Mailing Address: <small>(Print Clearly)</small>	AA	Al-Anon	Other	Homegroup
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____



Checks payable to: NELA Roundup
Mailing address: P.O. Box 5063,
Monroe, LA 71210

Pay online at ladistrict4.com

Total Enclosed: _____

Sponsorship Contributions: \$ _____ Lend a hand to those unable to afford registration.

Pre-Registration \$25 per person until May 1st, 2024
There will be one drawing Saturday night for pre-registered guests - \$25 cash prize awarded
www.LADistrict4.org



NATCHITOCHEES AA PRESENTS "THE CONVENTION YOU CANNOT MENTION"



TCYCM 2024

SPEAKERS

LAURA B. - NOLA
KANDI Y. - ARKANSAS
TOM M. - WINNFIELD

**ANONYMITY WORKSHOP,
GAMES, DRUNK JUNK,
MEDITATION, FIELD DAY,
FOOD, FUN & RECOVERY!**

ANONYMITY IS THE SPIRITUAL FOUNDATION

JUNE

1ST

SATURDAY

8:00 AM TO 8:00 PM ISH

**NATCHITOCHEES
EVENTS CENTER**

750 2ND ST, NATCHITOCHEES, LA

PRE-REGISTER \$15

**PRE-REGISTRATION ENDS MAY 14TH
DOOR REG \$25 - DINNER MEAL TICKET \$25**

WWW.TINYURL.COM/TCYCM/



📞 RON 504-939-1454 📞 DIANNA 318-332-2604

BIG DEEP SOUTH CONVENTION JUNE 7-9 2024

We Will Know Peace

AA SPEAKERS

- ZACH Z. – ALACHUA, FL
- ZACH G. – NEW ORLEANS, LA
- JANET V. – SEATTLE, WA
- BILL C. – TORRANCE, CA
- STEVIE B. – MIAMI, FL

AL-ANON SPEAKER

- SANDRA "SANDY" B. – MIAMI, FL

ALATEEN SPEAKER

- LOGAN R. – LOUISVILLE, KY

WORKSHOPS

- BOTTLES WERE ONLY A SYMBOL
- CHOP WOOD, CARRY WATER
- HOW FREE DO YOU WANT TO BE?
- WHERE'S GOD IN THAT?

ACTIVITIES

- 50/50 RAFFLE
- MEDITATION
- SILENT & LIVE AUCTION
- BANQUET DINNER
- WORKSHOPS
- MARATHON MEETINGS
- GRAPEVINE RAFFLE
- BINGO & LIP SYNC BATTLE
- LITERATURE & MERCHANDISE
- HOSPITALITY ROOM

HILTON NEW ORLEANS AIRPORT HOTEL

901 AIRLINE DR.
KENNER, LA 70062
504-469-5000



REGISTRATION: \$35.00
BANQUET: \$40.00



ROOM BLOCK CODE: BDS
ROOM BLOCK RATE: \$139.00

WWW.BIGDEEPSOUTH.ORG



Founders' Day Herald

89th Anniversary of Alcoholics Anonymous

June 7, 8, & 9, 2024 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour
Chaired by: Mary K.

A.A. Early Bird Meeting* • 3:00 p.m.

Ron M. - Louisville, OH
"Never Missed A Founders Day"
Chaired by: Jeanne R.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"Snow White And The Seven Character Defects"

A.A. Speaker Meeting* • 7:00 p.m.

Will M. - Sergeant Bluff, IA
"Good Is The Evil Of Great"
Chaired by: Karen K.

Serenity Singers • 8:00 p.m. - 9:00 p.m.

Olin Hall

A.A. Speaker Meeting* • 9:00 p.m.

Debbie G. - Vista, CA
"AA Gives Us Sobriety And The Tools For Living"
Chaired by: Scott T.

Junta en Español • 9:00 p.m. - 11:00 p.m.

Open Discussion
Chaired by: Hay una solución

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives

Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.

Debbie D. - Concord, CA
Chaired by: Jerry C.

A.A. Old Timers' Panel* • 10:30 a.m.

Topic: "It Should Continue For Our Lifetime"
Ethel N. - Philadelphia, PA
Jim B. - Jamestown, NY
Don C. - Colorado Springs, CO
Chaired by: Jerry C.

La Viña Workshop • 11:00 a.m. - 3:00 p.m.

El Coordinador: Raymundo L. and
Hay una solución

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"Snow White And The Seven Character Defects"

A.A. & Al-Anon Speaker Meeting* • 12:30 p.m.

Speakers - Kelly P. & Jeff M. - Helena, MT
"Manufacturing Misery or Learning Love: Growing in Recovery"
E.J. Thomas Hall Chaired by: Julie & Adam C.

A.A. Speaker Meeting* • 2:00 p.m.

Drew E. - Altantic Highlands, NJ
"Inspiration-Desperation-Perpetuation"
Chaired by: Mary K.

The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. - Akron, OH
Chaired by: Jeanne R.

A.A. Speaker Meeting* • 8:00 p.m.

Jeff V. - Fargo, ND
"Happy, Joyous and Free"
UA Infocision Stadium**
Chaired by: Aaron K.

**Stadium Weather Contingency Plan for Saturday Night - See Web Site

DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*

7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A. & Paul G. - Akron, OH
Chaired by: Karen K.

A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "A Moment Of Clarity"
Heather F. - Akron, OH
Trina R. - Olean, NY
Daryl M. - Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting*

10:30 a.m.
Ralph W. - Los Angeles, CA
"I'm So Glad God Doesn't Make
Misery Comfortable"
Chaired by: Tony T.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.

Topic: "Sponsorship; A Piece Of The
Al-Anon Puzzle"
Barbie C. - Lancaster, PA
Brandy F. - New Paris, OH
Erica B. - Toronto, Ontario, CA
Lisa F. - Madison, CT
Olin Hall Chaired by: Leslie S.

Al-Anon Panel • 2:30 p.m.

Topic: "Double Winners; Doubly Blessed"
Barbie K. - Akron, OH
Marc W. - Canton, OH
Janet F. - Akron, OH
Olin Hall Chaired by: Ian R.

Al-Anon Workshop • 4:00 p.m.

Topic: "Made A List Of All Persons We
Tried To Help - An 8th/9th Step Workshop"
Barbie C. - Lancaster, PA
Brandy F. - New Paris, OH
Lisa F. - Madison, CT
Olin Hall Chaired by: Evette W.

Al-Anon Speaker Meeting • 6:00 p.m.

Evette W. - San Francisco, CA
"Two Sides of the Same Coin; The Family Disease and Solutions"
Olin Hall Chaired by: Mary Anne C.

AL-ANON

SATURDAY ACTIVITIES

Al-Anon Workshop • 9:30 a.m.

"Resentment Ball - Removing the Boogie Man from Step 4"
Brandy F. - New Paris, OH
Evette W. - San Francisco, CA
Olin Hall Chaired by: Kristina H.

Alateen Panel • 11:00 a.m.

"Let It Begin With ME"
Olin Hall Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting* • 12:30 p.m.

Speakers - Kelly P. & Jeff M. - Helena, MT
"Manufacturing Misery or Learning Love: Growing in Recovery"
E.J. Thomas Hall Chaired by: Julie & Adam C.

Al-Anon Speaker Meeting • 3:00 p.m.

Ken T. - Girard, PA
"Alateen to Al-Anon - Living Serenely"
Olin Hall Chaired by: Jane M.

Program Spoken Here

4:30 p.m. - 5:30 p.m.
Olin Hall Chaired by: Irena H.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.

Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by

6:00 p.m. Saturday - **NO EXCEPTIONS!**

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.

Saturday 8:00 a.m. - 5:00 p.m.

CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER




**CLEAR BAGS REQUIRED
SEE INSIDE FOR MORE INFORMATION**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!

THE 64TH ANNUAL
LOUISIANA
 STATE CONVENTION

SHOULDER TO SHOULDER



2024

JUNE 28TH, 29TH, 30TH

BATON ROUGE MARRIOTT
 5500 Hilton Avenue
 Baton Rouge, LA 70808

SPEAKERS

- FRIDAY NIGHT**
Al D. | Sturbridge, MA
- SATURDAY MORNING**
Courtney M. | New Orleans, LA
- SATURDAY NIGHT**
Ralph W. | Los Angeles, CA
- SUNDAY MORNING**
Carolyn W. | Surrey, BC, Canada

\$20

PRE-REGISTRATION



AA-LASTATECONVENTION.ORG

Arkansas State AA Convention
Oldest AA Convention West of the Mississippi
84th "Old Granddad"
July 26-28, 2024
Arlington Resort Hotel & Spa
Hot Springs, Arkansas

Contact the hotel directly for room reservations: 501-623-7771
 Mention the Old Granddad Convention for the discounted room rate.

Friday Workshop:
**"Putting It All Together
 with the Steps, Traditions,
 & Concepts"**
 Friday, July 26, 9am-5pm

Discounted room rates also available:
 Embassy Suites by Hilton Hot Springs
 (501-624-9200)
 The Hotel Hot Springs
 (501-623-6600)

The Voice
Rafael G.
 Bella Vista, AR

"God Has Accomplished The Miracle"

Friday	2:00 pm	Registration Opens	
	7:30 pm	Steve L.	Nashville, TN
Saturday	9:00 am	Chip B.	Destin, FL
	11:00 am	Angie B. (AFG)	Destin, FL
	2:00 pm	Christina G.	Brecksville, OH
	3:30 pm	AA Open Discussion Meeting	(Ballroom)
	7:30 pm	Bob B.	St Paul, MN
Sunday	8:00 am	Jeannie M.-Meet the Delegate	(Hospitality Room)
	8:00 am	AI-Anon Discussion Meeting	(Ballroom)
	9:30 am	Michael D.	Sioux Falls, SD

Contact us at oldgranddadconvention@gmail.com or call/text 501-773-9078
 Register online at www.oldgranddadconvention.com or SCAN



\$25 Pre-Registration if received BEFORE July 12, 2024 OR \$30 Registration At The Door

First Name & Last Initial on Badge	Home Group	AA	AI-Anon / Alateen	Other	Amount

All Registrations will be held in the name of:

Name _____
 Address _____
 City _____ State _____
 Zip code _____ Phone _____
 Email _____

Help Another with a Scholarship	
Total Amount Due	

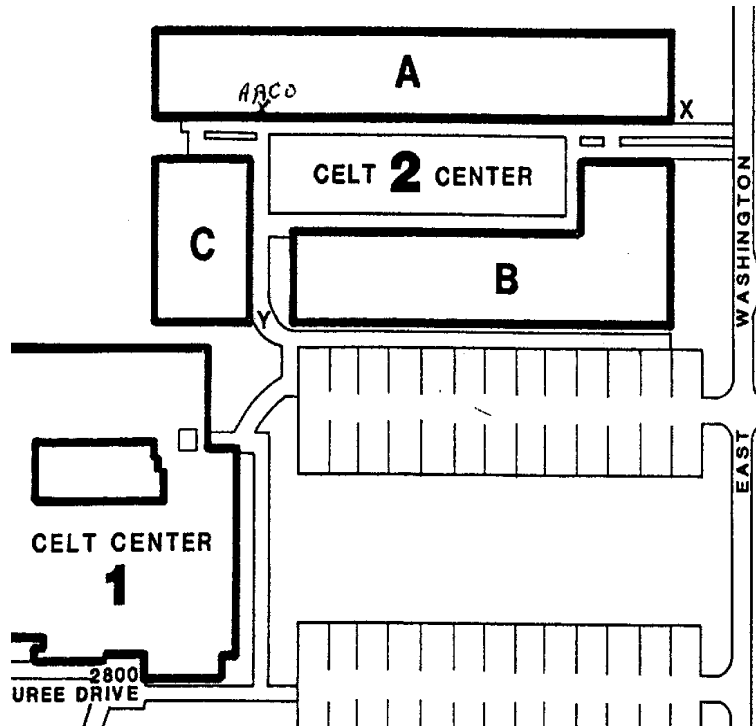
Mail Registrations with check payable to:

CONVENTION TREASURER
 P.O. Box 447
 Tontitown, AR 72770

See Our Website for More EVENTS
www.aa-shreveport.org

Central Office

Please come by to check out our selection of approved AA World Services Books, Step workbooks, daily meditations, Bill W.'s Autobiography, Al-Anon books and workbooks and more. Colorful tri-plate medallions, recovery jewelry and greeting cards that make *our anniversaries memorable*.
If you don't see what you are looking for we will order it for you upon availability.



The Central Office Intergroup

**The Central Office of Shreveport
2800 Youree Dr., Suite #362 Bldg A
Shreveport, LA 71104-3646**

