



Power Zone

By Anonymous

I am often reminded of a simple conversation with my sponsor where he describes "Yesterday" and "Tomorrow" as "Godless Zones."

"It's not that they're bad," he said simply and smilingly. It's just that there's no power in either of them, and if there is no power there, then there's no God in a place where there is no Power."

"God is only available in the present," he continued, "so I choose to live there."

When I can remember the simplicity of this, moment by moment, hour by hour, I remember to apply the paintbrushes I have to whatever palate of paint I am gifted with each day, I can make each day my masterpiece. The only way to affect the future is by what I do today.

Self-Forgiveness

Much has been written about forgiveness – its quintessential nature, its necessity for success, healing, among a myriad of other human ends and strivings. The subject fills the self-help sections of book stores, internet blog posts and TED talk lectures.

Forgiveness of others and forgiveness of self is a well sought but often poorly practiced and misunderstood topic, especially when it comes to forgiveness of one's self. In all my deep diving in attempting to wrap my head around the subject, I believe none says it better than a simple poem recited by John Wooden during a talk to which he attributed to Vivian Lairmore:

I've shut the door on Yesterday,
Its sorrows and mistakes;
I've locked within its gloomy walls
Past failures and mistakes.

And now I throw the key away,
And seek another room,
And furnish it with hope and smiles
And every springtime bloom.

No thought shall enter this abode
That bears a mark of pain,
And envy, malice, and distrust
Shall never entrance gain.

I've shut the door on Yesterday
And thrown the key away
Tomorrow holds no fear for me,
Since I have found Today.

Continued on Page 9

AA Central Office of Shreveport

24 Hr. Hotline
(318) 865-2172

office@aa-shreveport.org
www.aa-shreveport.org

Office Hours

Mon, Tues, Weds, & Fri
10am- 4pm
Thurs 10am- 5pm

Groups Responsible for

HOTLINE

June 2025

Lunch Bunch June 2-8

Five-Thirty June 9-15

On The Way Home June 16-22

Maverick June 23-29

It Is What It Is June 30-July 6

**This is a great service
that you do for the person
that is still suffering!!!**

THE **HOTLINE** OUR MISSION:

*"When anyone anywhere reaches out I
want the hand of A.A. to be there. For
that I am responsible." BW*

If your group is not currently
taking the hot line
at least one week a year,
please call us to add your group!
Call the Central Office
for the schedule!

**We need the help of your group and
individuals to keep the 24 hour**

**Hotline open for the
still suffering alcoholic!**

We need YOU!

Understanding Steps Six and Seven

By Rick R.

Since the day I entered the program, I have had an insatiable appetite for learning all I could about the disease of alcoholism and having completed a very thorough fourth and fifth steps, and examining my motives for everything I did, in steps sixth and seven, It occurred to me that most of my problems in life involved my interfacing with, "*Those Other People*."

As I got further into the steps and started to process each and every one of these interactions, it became apparent to me that the basic cause of my discontent was, *low self esteem* and that, until I resolved that, there would be very little *peace of mind*. I had to get right with everyone.

They say that *understanding is the key to right living*, and I read just about anything I can get my hands on, about these issues, that reinforce the principles we learn in the A.A. program such as; Emmet Fox's Sermon on The Mount, and others including, Scott Peck's, The Road Less Traveled, The Spirituality of Imperfection, Desiderata, (the poem) and the like. This kind of reference material helps me to get a better perspective on how to reduce the obstacles that stand in the way of my ability to solve these problems.

I have to be willing to get right with "every human being I know" as suggested in step eight. (12X12) Scott Peck describes the word *Love* as: *Caring for and nurturing another person's soul*. I now look at Love as a verb and not a noun. You can love someone that doesn't love you back when you use this definition and as the result, I truly wish the best for every human being I know and offer help and guidance when I can. I become their best advocate.

If I want to heal, I must look deeper and try to *understand that other person* and be strong enough to, first, *reign in my ego*, then to realize that the other person may be reacting to *my adversarial position*. Finding ways of removing my own judgmental attitudes opens the door to love and compassion. Today, I can love everyone by simply giving them the respect and acceptance that I would want for myself

After doing my best to adopt this plan of action over the years, I can only say that nothing that I have ever done, with respect to *Those Other People*, has been more rewarding than this approach. I have, to the best of my understanding, stopped judging others by their outside behavior and *have the strength to look deeper*. When I do that, I usually find a person, not too different from myself, trying to protect himself from his fears, and I just can't bring myself to pile on and compound his pain. My heart goes out to him and I don't have to deal with regrets later on. My ego is neutralized as I come to understand his troubles.

The greatest gift I receive from all of this is that, as I apply this to all of *Those Other People*, I seem to allow myself the same latitude without even expecting it since at one time, I was *That Other Person*. *Self forgiveness and peace of mind* seems to be the natural result of my efforts. I can accept everyone just as they are and not mess with God's work.

STEP SIX: *"Were entirely ready to have God remove all these defects of character."*

Twelve Steps and Twelve Traditions pg. 63

TRADITION SIX: *"An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."*

Twelve Steps and Twelve Traditions pg. 155

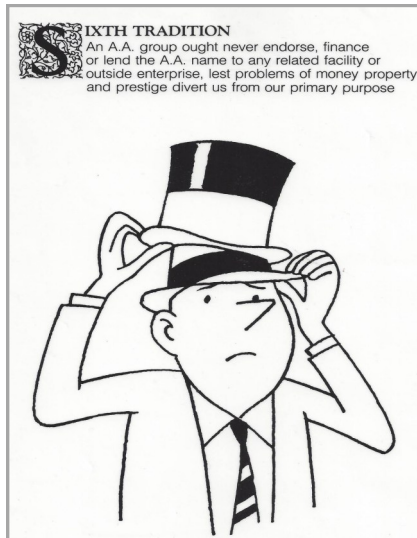
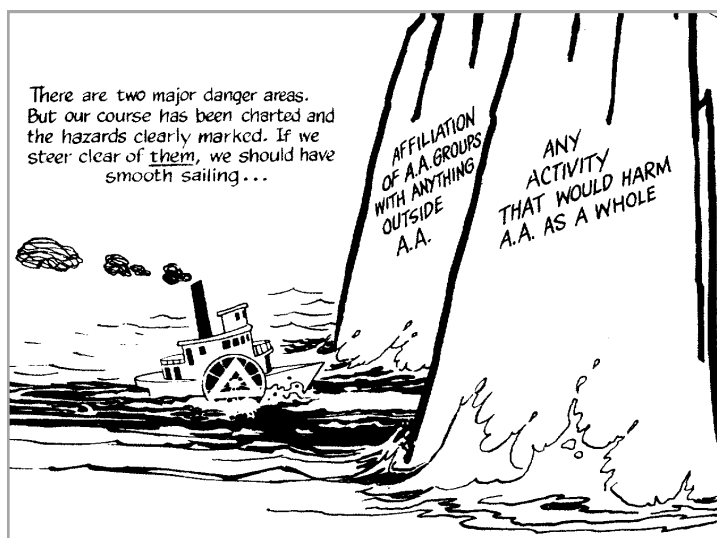
Reprinted with permission of A.A. World Service

*Our A.A. experience has taught us that:**Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A. such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But for hospitals, as well as other places of recuperation, ought to be well outside A.A.— and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never to go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.*

The A.A. Group...Where it all Began Pg 44

TRADITION SIX: Check List

1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
2. Am I willing to explain firmly to a newcomer the *limitations* of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow Alcoholic?
4. Am I willing to twelve-step the newcomer without regard to who or what is in it for me?
5. Do I help my group in every way to fulfill our primary purpose?
6. Do I remember that AA Old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

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permission of A.A.
World Services**CONCEPT SIX:** *"On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous."*

Twelve Concepts for World Services, pg. 26

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TRADITION SIX

By Rick R.

“An A. A. group ought never endorse, finance, or lend the A.A. Name to any related facility or outside enterprise, lest problems of money, power and prestige divert us from our primary purpose.” The program of Alcoholics Anonymous has been working for over eighty years and over those years there have been a number of other programs that have tried, and I won’t go into the names of those programs since A. A. doesn’t compete with any of them. As I have observed these attempts to create something that could compete with A.A. they usually simulate some of the ideas that the program suggests and that seems to appeal to some people who would like to solve their dinking problem without having the Alcoholics Anonymous label.

As we all know, there are many rehabilitation organizations that have sprung up after the acceptance of the idea that alcoholism is a disease, and hospitals and institutions do have an important place in the recovery of many of the current members of A.A. There is awareness in the community about this disease and, as a result of that awareness, many alcoholics that were in denial about their problem are intervened upon and educated about what they are up against and ultimately required to attend so many A.A. meetings and once the cat is out of the bag it can never be put back in again. This has increased the number of people that attend meetings, but this is just an introduction to the A.A. program and not a solution to the problem. A good percentage of them do embrace the program and find the answers.

The co-founders and early members of the program explored the ideas about starting to establish A.A. hospitals, public education on alcoholism, and writing books and manuals and other things to promote and solve alcoholism in the community but as they pursued these ventures they discovered that they were way overshooting the mark and after a variety of trials and errors, cooler minds prevailed and they realized that they should stick to the one thing that they knew worked, and they got it right. They concluded that mixing A.A. with outside affiliations would tear A.A. apart. They abandoned all those altruistic dreams and focused on what they could do best.

One of the main challenges of this tradition came in the late 1970s and early 1980s when Narcotics Anonymous was taking hold due to the sixty’s generation drug addiction problems and eventually starting to overflow into the A.A. meetings at the time and A.A. Central Office in New York was trying to find a way to maintain the integrity of the A.A. program without alienating the members with drug problems. At that time, I was a secretary of a closed step study meeting, so I brought it up to the group that I didn’t want to turn A.A. into a hardline approach to this dilemma so I offered this addendum to the meeting format i.e. :This is a closed meeting for alcoholics only, addicts may participate, however, all members are encouraged to share in the spirit of Alcoholics Anonymous.” It was voted in and it seemed to soften the transition as we moved forward. Shortly thereafter Central Office in New York came out with their singleness of purpose suggestion. Through all these tests of the integrity of the A.A. program, we are still solid, and we have the hard-working members that oversee these traditions of the policies that keep us strong.



THE CENTRAL OFFICE OF SHREVEPORT

2800 YOUREE DRIVE, STE. 362A
SHREVEPORT, LA 71104-3646



Board of Directors 2025

Chairperson / Director: 6/2023

Ryan Carter, ryan.carterbsl@gmail.com

Vice-Chairperson / Director: 10/2023

Scott McGowan, scott62287@aol.com

Treasurer/Director: 2/2025

Gina Jenkins, gina@jenkins.construction

Secretary/Director: 07/2024

Shayne Parker, parkershayne661@gmail.com

Office Manager/Director: 3/2017

Lisa Mumfrey, lisamumfrey@gmail.com

Intergroup Committee: 10/2023

Elizabeth Tolar, et.roseposey@hotmail.com

Tri-State Convention: 01/2024

Jennifer Cypher, cypherjen993@gmail.com

Treatment and Correction: 04/2025

Melaine Fields, djadrenalynn30@gmail.com

Public Information/Cooperation with Professional Community: 01/2025

Neal Lathem, neallath@gmail.com

Updated 04/2025



Central Office Steering Committee & COIs Meet



Tuesday, June 3, 2025 @ 6:00pm

6:00 pm– Steering Committee Meeting

6:40 pm– COIs & Steering Committee

@ Central Office, 2800 Youree Dr., Ste 362A, Shreveport 71104

Central Office Intergroup

First Saturday of Month

(Generally) Even numbered Months: **Highland Club** 1711 Tulane Ave., S'Port 71103&

Odd numbered Months: **Koala Club** 4809 Shed Rd., Bossier City 71111

District 1 Area 27

Third Tuesday of Month

6:00pm at @ Highland Club

Next Meeting **June 17**

DCM - Jane Rowell

(318) 564-9043

janeerowell1@gmail.com

Tri-State Convention

Committee

Second Sunday of Month

2:00pm @ Central Office

Next Meeting **June 8**

CHAIR: Jennifer Cypher

(318) 286-1107

Treatment & Corrections

Second Tuesday of Month

6:00pm @ Central Office

Next Meeting **June 10**

CHAIR: Melanie Fields

(757) 788-4733

PI/CPC

Second Monday of Month

6:00pm @ Central Office

Next Meeting **June 9**

CHAIR: Neal Lathem

(901) 230-1796

Thanks to all the **Central Office Backers** contributions for the month of **April 2025**. If you would like to be a Central Office Backer (COB) just give us a call (318-865-2172) and we will happily email or mail the application to you.

April 2025...\$88.79

Thanks for all the **Group Contributions...April 2025...\$769.06**

COI Meeting...\$17.00

Tulane...\$31.00

Grace...\$63.50

Twin City...\$10.00

Personal Recovery...\$63.50

Winners...\$284.06

Primary Purpose...\$100.00

Other...\$200.00

Bill W. said "I am responsible. When anyone reaches out for help, I want the hand of A.A. to always to be there. And for that I am responsible."

Thanks for helping your Central Office be responsible!!!

Addresses for Group Contributions for 2025:

Central Office of Shreveport

2800 Youree Dr., #362A, Shreveport, LA 71104 (50%)

District 1, Area 27

P. O. Box 3924, Shreveport, LA 71133 (10%)

Louisiana Area Assembly, Inc.

7350 Jefferson Hwy., Suite 485-179

Baton Rouge, LA 70806 (10%)

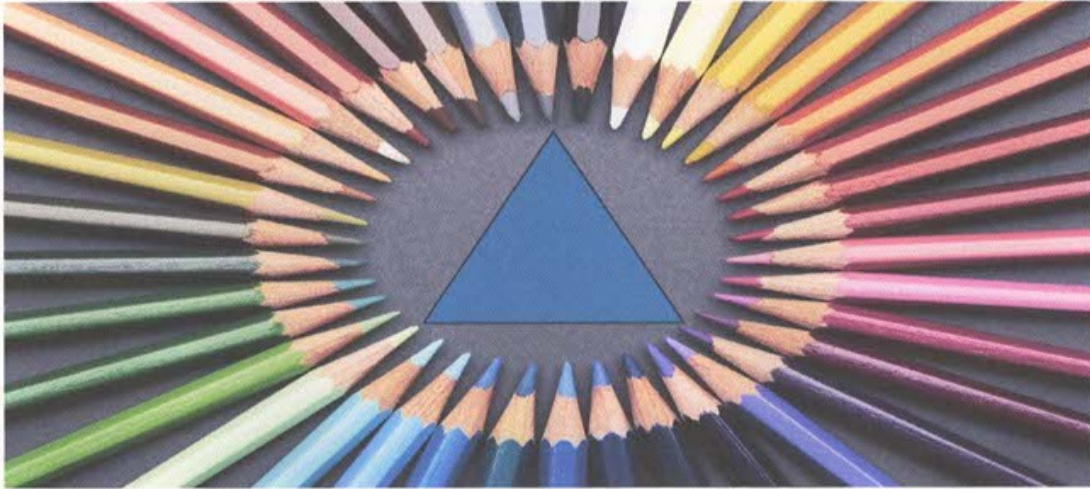
General Service Office

P. O. Box 2407, James A. Farley Station,

New York, NY 10116-2407 (30%)

***(Percentages are suggested based on support of four service entities)
(Use your group conscience)***

DISTRICT ONE



MONTHLY MEETING
3RD TUESDAY @
THE HIGHLAND CLUB
6:00 pm

The Message is published to improve communications between local A.A. Groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Central Office of Shreveport Intergroup or Alcoholics Anonymous.

Relationships and Forgiving Others

I can only connect with others at the depth I have reached within myself. My capacity to meet anyone with understanding, compassion or vulnerability is limited to the level of the inner work I dared to have undertaken within my own soul, and the same is true of the other person with whom I seek relationship. If I have not yet plunged into the deep lagoon where my buried shadows lurk in desperation gasping for air, I can only meet another at the surface, where we both tread water in a fruitless tiresome effort to stay afloat. The depth of my connection with another human soul is not only about what we each might offer in terms of worldly criteria but is essentially dependent on how deeply we have each explored and confronted the limits within our own hearts. This is the essence of a true and meaningful intimacy. I am served to remember that while I might strive for connection with another, I can only offer what I have found within myself, and that any other can only offer what he has found within himself. Not resisting, but allowing this can bring peace accompanying the realization that everyone's journey is their own and sometimes the unrequited connection sought simply means they haven't gone deep enough to meet you where you stand.

Borrowed from Ventura County Central Service Office Newsletter, The Tradition, April 2025



Tulane **TUESDAY** **SPEAKER** *Meetings*



June 2025

June 3 ***Paul M.***

June 10 ***Randy T.***

June 17 ***Todd R.***

June 24 ***Joey T.***

7:00pm

Highland Club

1700 Tulane Ave.
Shreveport 71103



**HOSTED BY
THE 5:30 GROUP
INTERGROUP
EVENING
AT THE HIGHLAND CLUB
JUNE 7, 2025**

JOIN US FOR:

- Chili-dogs with all the fixin's
- Baked Beans
- Potato Salad + MUCH MORE



Please bring your favorite dessert to share and add your sweet touch to the evening.

**SPECIAL GUEST
SPEAKER:**



CHERYL S.

Sobriety Date: 11-29-89
EAT 6:00PM, SPEAKER 7:00PM

FROM DARKNESS INTO LIGHT

57TH ANNUAL BIG DEEP SOUTH CONVENTION

JUNE 6-8, 2025

HILTON NEW ORLEANS AIRPORT HOTEL | 901 AIRLINE DR, KENNER, LA 70062

PRE-REGISTER BY MAY 15, 2025 \$45 | AFTER MAY 15/DOOR REGISTRATION \$55

NAME _____ PHONE# _____ EMAIL _____

ADDRESS _____ CITY / STATE / ZIP _____

BADGE INFORMATION

BADGE NAME _____ CITY _____ STATE _____ AA _____ AL-ANON _____ ALATEEN _____

BANQUET INFORMATION

PRICE: \$40 EACH | SATURDAY, JUNE 7TH | 5:45 PM - 6:45 PM

BANQUET OPTIONS: 1 _____ 2 _____ 3 _____

Option 1: Pasta Primavera Seasonal veggies, penne pasta, fresh tomatoes, herbs, light pesto cream sauce with a salad

Option 2: Blackened Redfish with garlic mashed potatoes, crawfish portobello cream sauce and a seasonal veggie; served with chicken andouille gumbo

Option 3: Rotisserie Airline Chicken with roasted potatoes, Cajun butter sauce and a seasonal veggie; served with chicken andouille gumbo

HOTEL INFO



ROOM BLOCK CODE: BDS25

ROOM BLOCK RATE: \$146.00

HOTEL PHONE#: 504-469-5000

SCHOLARSHIP FUND CONTRIBUTIONS

\$ _____

GRAND TOTAL SUBMITTED FOR BIG DEEP SOUTH CONVENTION 2025

Paid via: (Circle One)

Cash Check Credit/Debit Card

T-SHIRT & MERCHANDISE INFORMATION

2025 T-SHIRTS \$25: SMALL _____ MEDIUM _____

LARGE _____ X-LARGE _____ 2XL _____ 3XL _____

2025 HATS: Snapback Cap, Graphite \$25 _____

Snapback Cap, Khaki \$25 _____

Trucker Hat, \$30 _____



Scan to
view
Merch

JOIN US FOR

Speakers*

Workshops

Silent Auction

Banquet Dinner

Raffle

Bingo

50/50

Guided Meditations

Speed Friending

Marathon Meetings

Hospitality Room

(*see website for updates)

DISABILITY INFORMATION

If you require accommodations due to a disability,
please check here: _____

MAILING AND REGISTRATION INFORMATION

Return this registration form in person or mail in to:

638 Papworth Ave, Ste. A, Metairie, LA 70005

Register online at: <https://www.bigdeepsouth.org>

The Bridge House

2nd Saturday

Speaker Meeting



426 Stoner Ave., Shreveport 71101

Saturday,
June 14, 2025

6:00 pm- Finger Foods & Fellowship

7:00 pm- *Bonnie C.*

The Stateline Group of Waskom

DEMETRIC D.
11/03/2008
SERENITY CLUB

**EATING
MEETING**

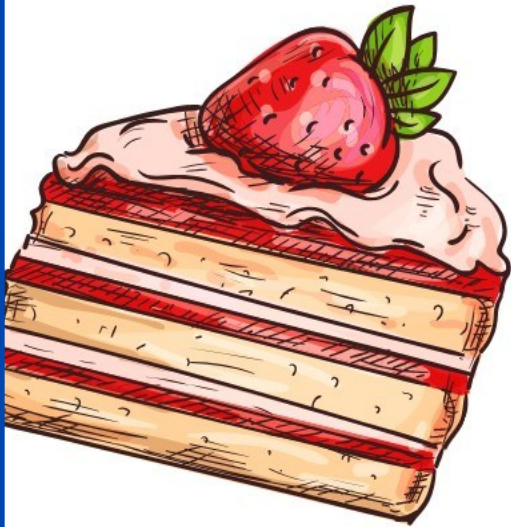
**JUNE 17TH--6:00 PM FOOD
7:00 PM SPEAKER**

**FIRST UNITED METHODIST CHURCH
1305 W. TEXAS AVE.
(HWY 80 EAST)
WASKOM, TX 75692**

Potluck, Bring a dish or dessert

Follow us on Facebook: The Stateline Group
of Alcoholics Anonymous - Waskom, TX





Come Celebrate AA's
90th Birthday

Saturday, June 21

SUGAR & SPICE AND
EVERYTHING NICE
SWEET TOOTH AUCTION

FUNDRAISER FOR THE 78TH
TRI-STATE CONVENTION 2025

Taco Bar Dinner 5:30pm

Auction 6:30pm

Speaker @ 7:00pm

Tree S.- DOS
5/15/85



KOALA CLUB

4809 Shed Road
Bossier City, LA 71111



HOW SWEET IT IS TO BE SOBER!!!

LAST SATURDAY SPEAKER MEETING

SHAYLA F.

SATURDAY JUNE 28, 2025

Oakwood

1700 Highland Ave
Shreveport, LA 71101

Doors open at 6:00 pm
Food @ 6/ Speaker @ 7

Arkansas State AA Convention

Oldest AA Convention West of the Mississippi

85th "Old Grandad"

July 25-27, 2025

Arlington Resort Hotel & Spa

Hot Springs, Arkansas

Contact the hotel directly for room reservations: 501-623-7771 Mention the Old Grandad Convention for the discounted room rate.

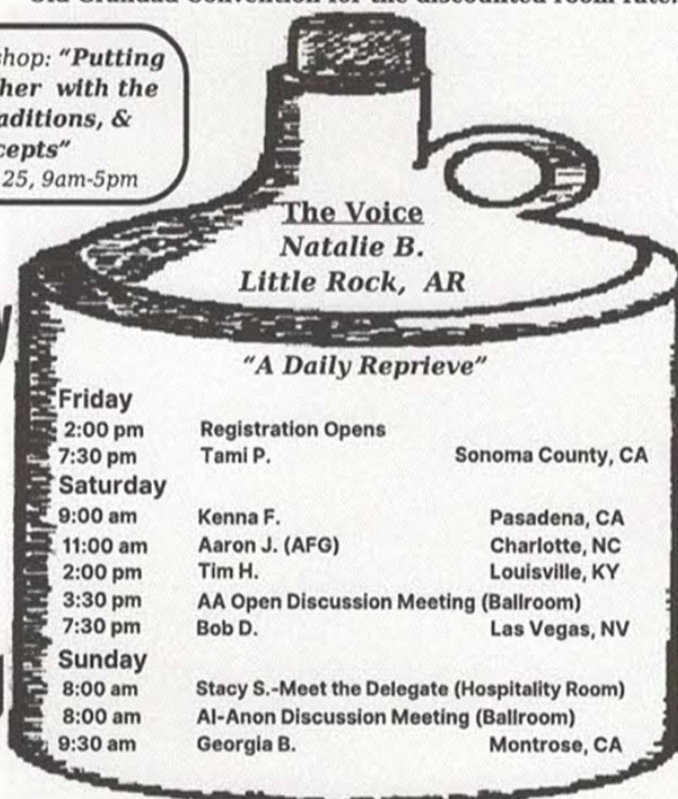
Friday Workshop: "Putting
It All Together with the
Steps, Traditions, &
Concepts"

Friday, July 25, 9am-5pm

Free
Download of
ALL Speakers

Hospitality

Dancing



Archives

SCAN ME



Contact us at oldgrandadconvention@gmail.com or call/text (501)860-4817

Register online at www.oldgrandadconvention.com or SCAN



\$30 Pre-Registration if received BEFORE July 11, 2025 OR \$35 Registration At The Door

First Name & Last Initial on Badge	Home Group	AA	Al-Anon / Alateen	Other	Amount

All Registrations will be held in the name of:

Name _____

Address _____

City _____ State _____

Zip code _____ Phone _____

Email _____

Help Another with a Scholarship

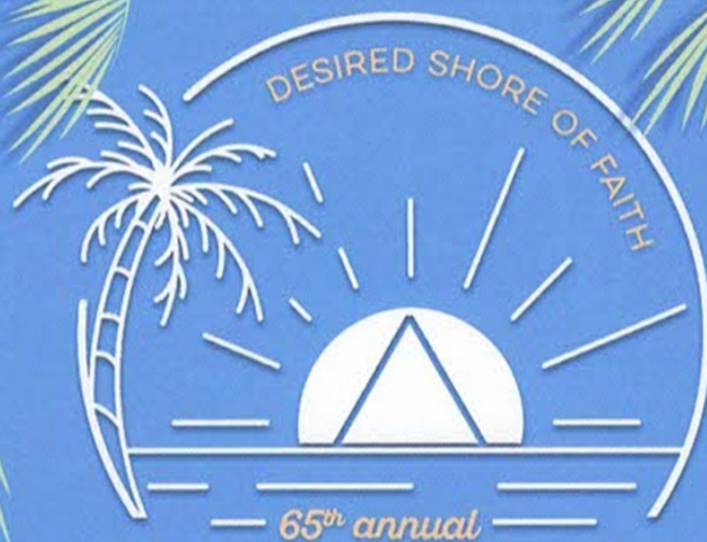
Total Amount Due

Mail Registrations with check payable to:

CONVENTION TREASURER

P.O. Box 1821

Bentonville, AR 72712



LOUISIANA

STATE CONVENTION

AUGUST 8TH-10TH • 2025

Speakers

MIKE S.
RIVERSIDE, CA

JENNIFER K.
PLANO, TX

JOHN C.
DENHAM SPRINGS, LA

MOLLY E.
NEW ORLEANS, LA

ANGELA A. (AL-ANON)
BATON ROUGE, LA

Book a Room or Register at
AA-LASTATECONVENTION.ORG

A VISION FOR YOU

Abandon yourself to God as you understand Him. We shall be with you in the Fellowship and you will meet some of us as you trudge the road of happy Destiny.

October 31 - November 2, 2025
LeBossier Hotel & Event Center, Bossier City, LA

GUEST SPEAKERS - PANEL DISCUSSIONS - MEETINGS - FRIDAY NIGHT DINNER - AA LITERATURE/GIFTS
OLD TIMERS LUNCHEON (20+ YEARS SOBRIETY) - SOCIALS - RAFFLE - SOBRIETY COUNTDOWN

Friday 8:00 PM- AA, Glenda R. / New Braunfels, TX
Saturday 11:00 AM - Sammy F. / San Marcos, TX
Saturday 2:30 PM - Al-Anon, Deirdre M. / Converse, LA
Saturday 8:00 PM - AA, Candice M. Los Angeles, CA
Sunday 11:00 AM - AA, Arisa B. / Boston, MA

LeBossier Hotel & Event Center
4000 Industrial Drive
Bossier City, LA 71112

FOR ROOM RESERVATION CALL:
(318) 747-0711

(Reference Tri-State Convention for room rate of \$94)

Save \$10

Entered in Friday night drawing
for a set of convention tapes or
Tri-State t-shirt and mug



SCAN TO REGISTER

Pre-Order Deadline October 17

Purple or Green

Short Sleeve \$25

Long Sleeve \$30

Add \$5 for 2XL - 4XL

*Shirts available for pickup at convention



Convention recording by G & L Tapes

For more details and online registration: <https://aa-shreveport.org/convention/>



For additional information please contact:

Convention Chair: Jennifer C. (318) 286-1107

Registration: Amy D. (318) 464-9821 or tristate.aaconvention@gmail.com

REGISTRATION FORM

One registration form per person

Name: _____

Name on Badge: _____

Email: _____

Phone: _____

City/State: _____

Check if Old-Timer with 20+ years of sobriety: ☐

Make checks/money orders payable to **Tri-State Convention**

Mail completed form and payment to:

Tri-State Convention

2800 Youree Drive Suite 362A

Shreveport, LA 71104

SCHOLARSHIPS: Help those who are unable to pay the registration fee.

Why we have to register: A convention is not a regular AA meeting but a special event that requires a significant amount of money to be successful . The Tri-State Convention is self-supporting and paid for through registration fees plus voluntary contributions from individual members or groups. No baskets are passed at the convention, and attendance is of course voluntary. As responsible AA members we always pay our way.

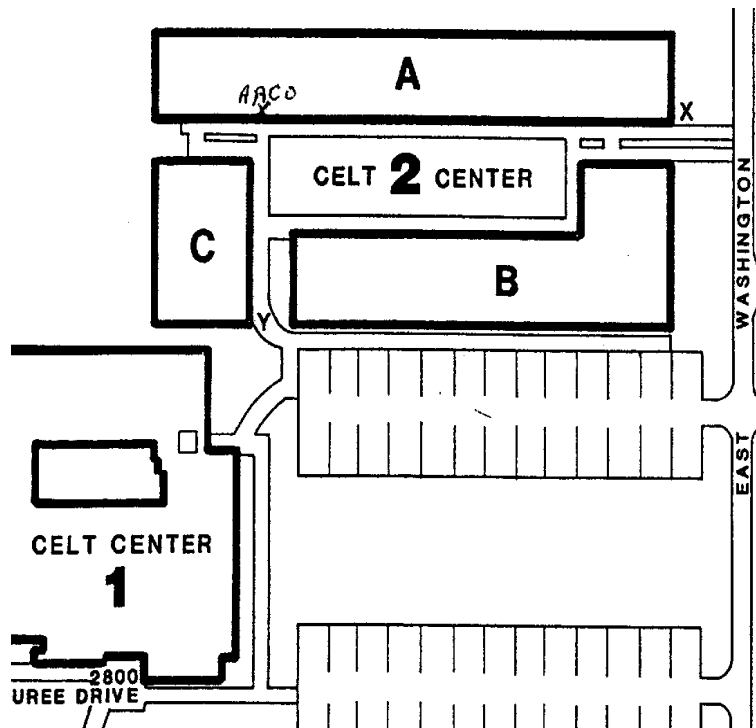
Registration Use Only: Pmt received by: _____ Method of Payment: _____

ITEM	COST	QTY	AMOUNT
• PRE-REGISTER (by Oct. 17)	\$25	X	= \$
• REGISTER (after Oct. 17)	\$35	X	= \$
• SCHOLARSHIP CONTRIBUTION			= \$
• ADDITIONAL DONATION			= \$
• <u>SHIRT - PRE-ORDERS ONLY</u> (Pre-order deadline Oct. 17)			
SHORT SLEEVE:			
Purple (S - XL) Size: _____	\$25	X	= \$
Purple (2XL - 4XL) Size: _____	\$30	X	= \$
Green (S-XL) Size: _____	\$25	X	= \$
Green (2XL - 4XL) Size: _____	\$30	X	= \$
LONG SLEEVE:			
Purple (S - XL) Size: _____	\$30	X	= \$
Purple (2XL - 4XL) Size: _____	\$35	X	= \$
Green (S-XL) Size: _____	\$30	X	= \$
Green (2XL - 4XL) Size: _____	\$35	X	= \$
TOTAL AMOUNT DUE = \$			

Central Office

Please come by to check out our selection of approved AA World Services Books, Step workbooks, daily meditations, Bill W.'s Autobiography, Al-Anon books and workbooks and more. Colorful tri-plate medallions, recovery jewelry and greeting cards that make *our anniversaries memorable*.

If you don't see what you are looking for we will order it for you upon availability.



The Central Office Intergroup

The Central Office of Shreveport
2800 Youree Dr., Suite #362 Bldg A
Shreveport, LA 71104-3646

