



## I Remember Dr. Bob

As a student nurse, she worked with him and learned to love him long before she joined AA

By: B. M. B. | Naples, Florida, AA Grapevine, February 1977

IN THE WORDS of the legendary Sister Ignatia, "He always seemed different from the rest. . ." And as a student nurse at City Hospital in Akron, Ohio, during the early thirties, I felt precisely the same way about Dr. R---H. S----

He was different from the rest, wonderfully different.

For one thing, he was neither pompous nor condescending. He didn't ignore me or, for that matter, any other student. Obviously unimpressed by either rank or status, he had the same greeting for every female on the staff, from first-year student to charge nurse or supervisor--a democratic "Hiya, woman!"

And in those pre-women's-lib days, when we'd step aside at an elevator or door so that doctors could precede us, we all knew that Dr. R. H. S. would push us ahead of himself, just as he'd glare above his glasses and growl, "Sit down, woman!" when we'd automatically start to rise upon his entrance to the chart room (nurses' station, in today's jargon). Most unusual of all, he'd thank us after we'd made rounds with him or helped change a dressing.

These characteristics and memories came flooding back into my mind years later when I became a member of Alcoholics Anonymous and realized that my wonderful Dr. R. H. S. and AA's beloved Dr. Bob were one and the same man.

His now-famous admonition to "Keep it simple" was a pre-AA innovation. Dr. Bob always kept things simple, and the nurses who scrubbed for him loved him for it. His surgical skills were admired and highly respected by nurses and doctors alike, yet he used fewer instruments and other operating-room paraphernalia than any other surgeon.

And never once did I see him exhibit the prima donna behavior employed by many surgeons when unforeseen or disturbing situations arose. Instead, on such occasions, his somewhat raspy voice would become soft and low. Orders were given quietly. The rougher the going, the more calm he became, and this attitude infected us all. A good many years went by before I learned that many times that remarkable man had been suffering tortures known only to us alcoholics all the while he had been relieving the tensions of those who were assisting him.

Continued Page 3

**AA Central Office  
of Shreveport**

**24 Hr. Hotline  
(318) 865-2172**

[office@aa-shreveport.org](mailto:office@aa-shreveport.org)  
[www.aa-shreveport.org](http://www.aa-shreveport.org)

**Office Hours**

Mon, Tues, Weds, & Fri  
10am- 4pm  
Thurs 10am- 5pm

**Groups Responsible for  
HOTLINE**  
**February 2026**

**Blanchard** Feb 2-8

**White Dove** Feb 9-15

**Keystone** Feb 16-22

**Natchitoches**

**Feb 23– March 1**

**This is a great service  
that you do for the person  
that is still suffering!!!**

**THE HOTLINE  
OUR MISSION:**

**"When anyone anywhere reaches out I  
want the hand of A.A. to be there. For  
that I am responsible." BW**

**If your group is not currently  
taking the hot line  
at least one week a year,  
please call us to add your group!  
Call the Central Office  
for the schedule!**

**We need the help of your group and  
individuals to keep the 24 hour  
Hotline open for the  
still suffering alcoholic!**

**STEP TWO:** "Came to believe that a Power greater than ourselves could restore us to sanity."

*Twelve Steps and Twelve Traditions pg. 25*  
Reprinted with permission of A.A. World Services

**TRADITION TWO:** "For our group purpose there is but one ultimate authority— a loving God as he may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

*Twelve Steps and Twelve Traditions pg. 132*  
Reprinted with permission of A.A. World Services

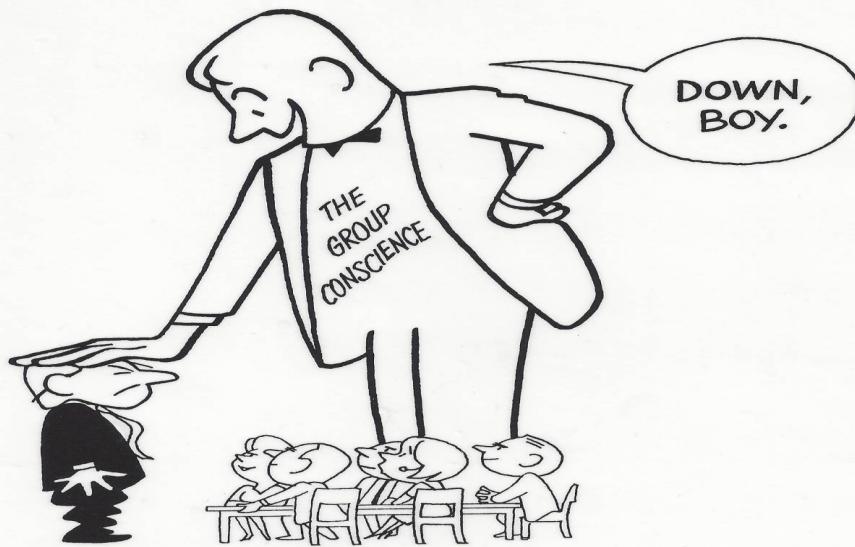
**TRADITION TWO: Check List**

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibilities?
3. Do I look for credit in my AA Jobs? Praise for my AA ideas?
4. Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?
6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?



#### ECOND TRADITION

For our group purpose there is but one ultimate authority... a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants...they do not govern.



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permission of A.A.  
World Services*

**CONCEPT TWO:** "When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference— excepting for any change in the Twelve Traditions or Articles 12 of the Conference Charter— the actual voice and the effective conscience for our whole society.."

*Twelve Concepts for World Services, pg.10*  
Reprinted with permission from World Services

Most of all, he was kind, with an innate kindness he didn't have to work at. He possessed an inner strength, yet never threw his weight around. He never fawned in the presence of prestige or wealth nor patronized those whose position in life was less than his. He told us students that pain was the greatest leveler and that our suffering patients were all the same and should be treated with equal solicitude and compassion regardless of the location of their beds--charity wards or posh private rooms. And he practiced what he preached.

One incident reveals character traits of Dr. Bob that I believe had a positive influence on the providential principles of AA. During my third year, I had completed the most rigorous part of my training and was at last permitted to wear a black band on my cap. Now, more was expected of me, and I worked in constant dread of making an error and losing my coveted black band.

I had been ordered to assist Dr. Bob with a lumbar puncture on a patient who was not only uncooperative, but irrational. He thrashed around violently, making it difficult for me to hold him, while Dr. Bob, unruffled and speaking quietly to the patient, removed three cc's of fluid from the spinal column.

Dr. Bob grinned at me in his lopsided way and said, "Well, we did it, didn't we, woman?" Handing me the test tube, he added, "Better take it to the lab yourself, so we can be sure nothing happens to it. They'll need every drop for the tests."

Full of pride because he trusted me so much, I started for the lab. The tube slipped from my fingers and shattered on the tile floor, splattering the light yellow fluid in all directions.

Dr. Bob was in the chart room getting his notes up to date. Haltingly, I told him what had happened, certain he would, as a matter of procedure, report me to the director of nurses--and gone would be my black band. He went on writing a long time, then looked up at me over his glasses.

"Well," he said quietly, "we'll just have to get some more. Set it up again, and let me know when you're ready."

Despite his gentle manner, I didn't dare hope I was off the hook. The patient must still be attended to. As I again struggled to hold him in the proper position, into the room walked my supervisor! In a low, suspicious voice she asked, "Didn't I see you doing this same thing to this patient a half-hour ago?"

Before I had a chance to answer, that kind, beautiful man looked up and said, in his New England twang, "Ayeh, we did. And this young woman was so concerned about the specimen, she volunteered to take it to the lab herself. But I dropped the damned thing before she could get hold of it."

As I stood stunned with astonishment and gratitude, Dr. Bob shed his surgical gown, mask, and cap, dropped them to the floor, muttered over his shoulder, "Thank you, woman," and strode out of the room.

A few months later, I was doing "three to eleven" on a posh private-room floor, a place not usually assigned to student nurses. I don't know why I was chosen for this very special privilege; I only know I shall cherish the experience as I do no other in my life. It was the fall of 1935, a date significant to me now, but not then. It was only a few months after Dr. Bob's last drink.

I was passing the elevator when its door clanked open (elevator doors didn't glide in those days), and I was startled to see Dr. Bob shove, and not gently, a dirty, unkempt, unshaven, and obviously intoxicated man out into the hallway. I'm sure my surprise showed. This type of patient was never seen on M3. He obviously belonged two floors below in the charity ward. But Dr. Bob, steadying the lurching figure by the scruff of the neck, peered at me over his horn-rimmed glasses and said, "Now listen to me, woman! I want you to do *exactly* what I tell you to do. *Exactly!* Forget all about those things they've been teaching about admitting patients. I don't care what your charge nurse tells you. Don't undress him. Don't give him an admission bath. Forget about the urine specimen. Don't do anything--do you understand? Nothing! I don't care if he wets the bed or pukes all over it. Don't change it. I don't care if he lies on the floor. Leave him there. Just one thing. He's gonna want a drink--I mean whiskey. Tell him he can have all he wants, just as long as he drinks an ounce of paraldehyde before he has the whiskey. Remember, one ounce of each, whiskey [he didn't say *spiritus frumenti*] then paraldehyde. And, remember, woman, forget you're a nurse. I'll write the orders so you won't get in trouble. Put him in 306. They know about it downstairs. I'll be around tomorrow morning." With that, he strode down the corridor, his wild socks, as usual, showing below the cuffs of his blue serge trousers.

The offbeat patient did just as Dr. Bob predicted. He started to yell for a drink in a very short time. He got the paraldehyde and whiskey, then curled up on the floor, started to snore, and was incontinent of bladder. Three hours later, the procedure was repeated, and just before I went off duty, I looked in on him. He had somehow gotten into bed, but waved me away, saying, "I'm not gonna drink any more of that damned white stuff!"

And he didn't. I was told to stay out of the room unless he lit his light, but each day I'd look in, and there was always someone at his bedside--sometimes several people, including women. Then one day he walked into the utility room where I was rinsing out syringes. Surely this wasn't the same man! He was clear-eyed, shaved, and smiling. Not only that, he was courteous and obviously well educated.

The most peculiar thing about this man, however, was the fact that he talked about his "drinking problem." He didn't seem unhappy, either. He said now he knew he was going to get better. He had hope! He told me, too, that he was a lawyer and had been born in the South. I don't remember what state, but I do remember that he said he belonged to Tau Kappa Epsilon. (I guess I remember that because I'd gone with a member of that fraternity in college.)

I don't know to this day any more about that patient, but I do know that I had the rare opportunity to see my beloved Dr. Bob in action--carrying that miraculous message just as it was carried to me not quite five years ago!

As I put these memories down on paper, I'm again overwhelmed by the conviction that everything about our program has been providential. From what I've read by and about Bill W., and from what I know from personal experience of Dr. Bob, I'm sure no two men could have been more different: Bill W., the impulsive, competitive power-driver (by his own account) and the unassuming, idealistic Dr. Bob. Yet, in my opinion, this was exactly as it should have been. They learned from each other and profited by their mistakes and shortcomings. They discarded their weaknesses and combined their strengths, and thus AA was born and has been kept alive and growing by members who follow the God-given guidelines set down by these two. God bless them both.



# A.A. World Service Price Increase

Effective February 1, 2026

All AA Books- \$3.00  
All other items -15%

Central Office will NOT increase prices on items already in inventory before the price increases. We will increase price as we sell and replace items.

Thank you for supporting YOUR  
CENTRAL OFFICE!



# Steering Committee & COI Meeting



*Join the Central Office STEERING COMMITTEE*

## Positions Available: Co-Chair & Secretary

**(Call or email Lisa to get Position Descriptions)**

*Please Come to Our Next Committee Meeting*

**Tuesday, February 3, 2026 @ 6:00pm**

6:00 pm– Steering Committee Meeting

6:40 pm– COIs & Steering Committee

*@ Central Office, 2800 Youree Dr., Ste 362A, Shreveport 71104*

### **District 1 Area 27**

Third Tuesday of Month

6:00pm at@ Highland Club

*Next Meeting **Feb 17***

**DCM - Jane Rowell**

(318) 564-9043

[janeerowell11@gmail.com](mailto:janeerowell11@gmail.com)

### **Tri-State Convention**

**Committee**

Second Sunday of Month

Time to be decided

*Next Meeting **Feb 8***

**CHAIR: Jennifer Cypher**

(318) 286-1107

### **Treatment & Corrections**

Second Tuesday of Month

6:00pm @ Central Office

*Next Meeting **Feb 10***

**CHAIR: Melanie Fields**

(757) 788-4733

### **PI/CPC**

Second Monday of Month

6:00pm @ Central Office

*Next Meeting **Feb 9***

**CHAIR: Neal Lathem**

(901) 230-1796



**Thanks** to all the **Central Office Backers** contributions for the month of **December 2025**. If you would like to be a Central Office Backer (COB) just give us a call (318-865-2172) and we will happily email or mail the application to you.

**December 2025...\$88.79**

**Thanks** for all the **Group Contributions...December 2025...\$2,080.50**

<b><i>COI Meeting...\$13.00</i></b>	<b><i>On The Way Home...\$221.30</i></b>
<b><i>Five Thirty...\$170.75</i></b>	<b><i>Outlaws...\$300.00</i></b>
<b><i>Hardy...\$175.00</i></b>	<b><i>Tulane...\$47.00</i></b>
<b><i>High Noon...\$100.00</i></b>	<b><i>Twin City...\$10.00</i></b>
<b><i>Keystone...\$143.00</i></b>	<b><i>White Dove...\$100.00</i></b>
<b><i>Many Harbour...\$500.00</i></b>	<b><i>Young People...\$200.00</i></b>
	<b><i>Other...\$100.00</i></b>

***Bill W. said: "I am responsible. When anyone reaches out for help, I want the hand of A.A. to always to be there. And for that I am responsible."***

***Thank You for helping your Central Office be responsible!!!***



## **Addresses for Group Contributions for 2026:**

### **Central Office of Shreveport**

2800 Youree Dr., #362A, Shreveport, LA 71104 (50%)

### **District 1, Area 27**

P. O. Box 3924, Shreveport, LA 71133 (10%)

### **Louisiana Area Assembly, Inc.**

7350 Jefferson Hwy., Suite 485-179  
Baton Rouge, LA 70806 (10%)

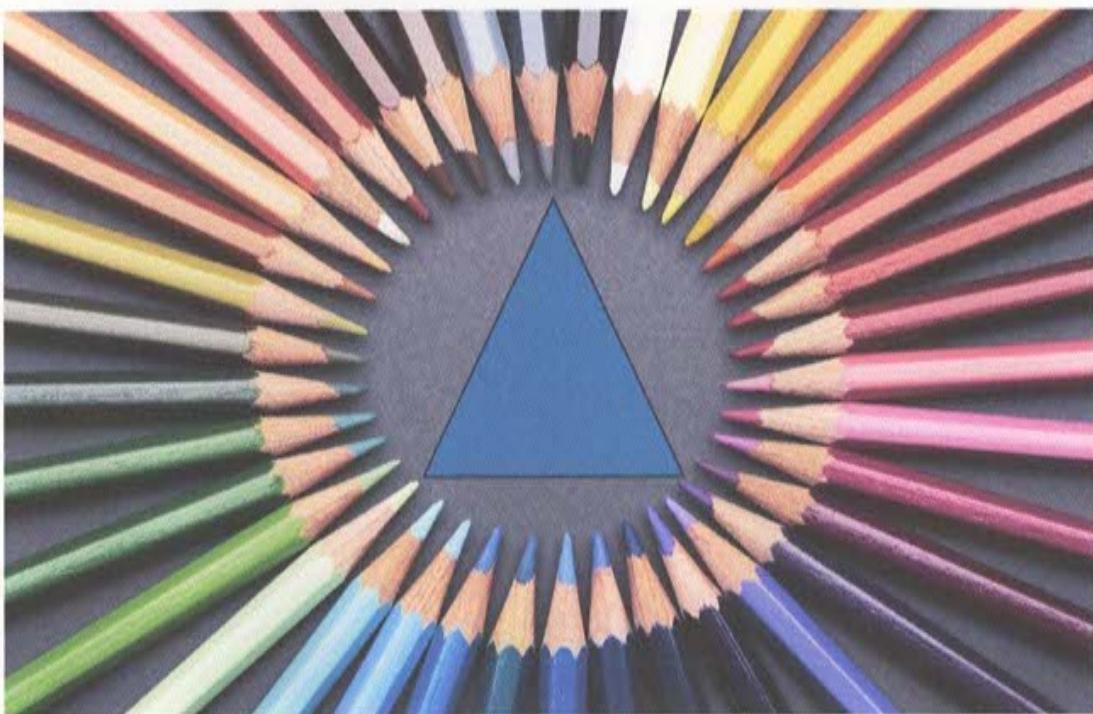
### **General Service Office**

P. O. Box 2407, James A. Farley Station,  
New York, NY 10116-2407 (30%)

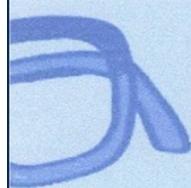
***(Percentages are suggested based on support of four service entities)  
(Use your group conscience)***



# DISTRICT ONE



MONTHLY MEETING  
3<sup>RD</sup> TUESDAY @  
THE HIGHLAND CLUB  
6:00 pm



# LASCYPAA BID MONTHLY MEETING



3rd Sunday 3:00pm

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Highland Club  
1711 Tulane Ave

Service Positions Available



*The Message is published to improve communications between local A.A. Groups and encourage the participation of A.A. members in services and activities that promote sobriety. Opinions expressed in letters and articles are those of the authors and do not indicate endorsement by Central Office of Shreveport Intergroup or Alcoholics Anonymous.*

# ***Tulane TUESDAY***

## **SPEAKER Meetings**



# ***February 2026***

Feb 3 ***Jim L.***

Feb 10 ***Joan L.***

Feb 17 ***James B.***

Feb 24 ***Jennifer F.***

***7:00pm***

***Highland Club***

1700 Tulane Ave.  
Shreveport 71103



MEN'S 426 GROUP



# INTERGROUP

# FEBRUARY 2026

2/7/26

*Highland Club*

**FOOD @ 6:00**

Chicken and Sausage  
Jambalaya  
Green Salad  
Roll

- Bring a dessert to share
- 50/50 Raffle

*Take the cotton out of your ears and put it in your mouth!*

**SPEAKER @ 7**

ERIC B.  
DOS 6/12/22



# Bridge House Speaker Meeting 2nd Saturday of the Month

426 Stoner Avenue  
6:00 pm - Refreshments  
7:00 pm - Speaker



February 14, 2026

Ryan W

The Highland Club presents

# *A Nights in Paris*

*February 14th, 2025*

*When:*

**6 PM** Dinner: Spaghetti, French Bread & Salad

**7 PM** Speakers: Jamie B. & Charlotte B.

**8 PM** Live Bands : Pocket Change

*Where:*

*1171 Tulane Avenue*

Shreveport, Louisiana 71101

*50/50 Raffle*

Please Bring Desserts





Join The State Line  
Group of Waskom  
for our annual



# CHILI COOK-OFF

Tuesday,  
February 17th

Food @ 6 p.m.  
Speaker @ 7 p.m.

Roger D.  
SD 12/24/2022  
Half-Past 5 Group @ Koala Club

Bring your chili to  
be judged. No fees  
to enter or taste

Follow us on  
Facebook:  
The Stateline  
Group of  
Alcoholics  
Anonymous -  
Waskom, TX



FIRST UNITED METHODIST CHURCH  
1305 W. TEXAS AVE. (HWY 80 EAST)  
WASKOM, TX 75692

79th Tri-State Convention

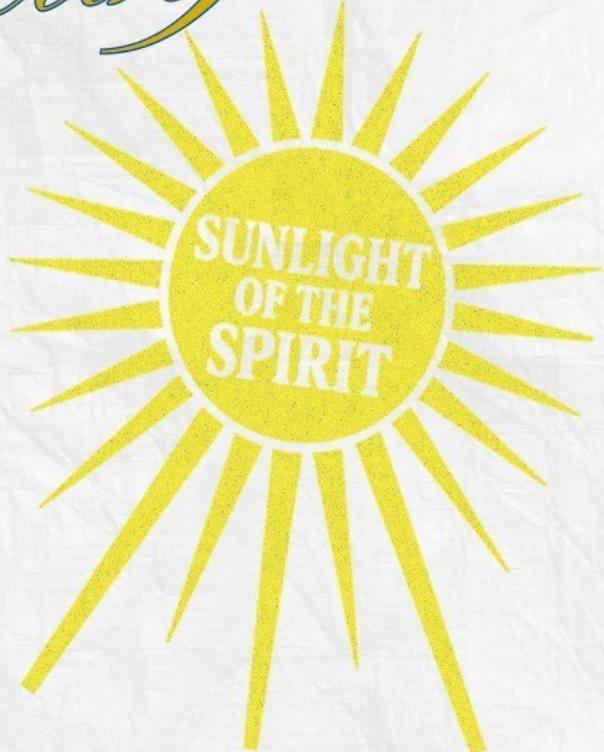
# PANCAKE



Saturday,  
February 21, 2026

Highland Club  
Tickets \$12

Breakfast 9am



**SPEAKER**

*Steve M.* 2/25/1991  
@10AM

Grab your tickets from any State Committee Member or  
Central Office

Half Past Five Monthly Speaker Meeting

# S P E A K E R

Randy T.

QCS- 2/20/96

**WEDNESDAY FEBUARY 25  
5:30PM**

**Half Past Five Monthly Speaker Meeting Last  
Wednesday of every month at the Kosha Club**

DISTRICT 1

FEB 28TH

PRESENTS (10AM-12PM)

JAY T. - DELAGATE  
LOUISIANA AREA 27

ANONYMITY AT THE  
LEVEL OF PRESS,

RADIO, FILM &  
SOCIAL MEDIA

VIRGINIA C.  
DISTRICT 1 (1PM-3PM)

GRAPEVINE  
PRESENTATION

FREE RAFFLE

THE HIGHLAND CLUB  
1711 TULANE AV. SHREVEPORT 71103

# OAKWOOD SPEAKER MEETING AUSTIN B

LAST SATURDAY OF THE MONTH

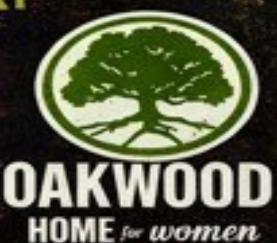
DOORS OPEN : 6:00 PM

SPEAKER: 7:00 PM

1700 HIGHLAND AVE

FEB. 28, '26

SERVING LIGHT MEAL, TEA & COFFEE, AND DESSERT





# Louisiana Men's Workshop

A weekend of workshops and speakers concentrated on the AA recovery program from the Big Book of Alcoholics Anonymous.

GOD BOX WILL BE AVAILABLE FOR ANYTHING YOU WOULD LIKE TO LET GO OF AND BE BURNED AT SATURDAY NITE BONFIRE



Join Us March 13 - March 15, 2026

Register on our website:

[www.LAMensWorkshop.com](http://www.LAMensWorkshop.com)

Registration Fee Options:

- 1) Lodge Ticket (Two Beds per Room) \$300.00 per person or
- 2) Bunkhouse Ticket (Multiple Bunk Beds) \$150.00  
(plus 3.12% credit card fee if paid online) (Please note: You will need to bring, linens, blanket, towels & toiletries for bunkhouse)

Both ticket options include two nights' stay at The Wesley Center, three meals on Saturday, and breakfast on Sunday.

All attendees must be registered and may only stay in the facility. The Wesley Center will not allow RV's or tents on the premises.



Located at the Wesley Center  
2350 Methodist Parkway  
Woodworth, LA. 71485

[www.thewesleycenter.com](http://www.thewesleycenter.com)

**Limited Space Available**

**Please Register By**

**February 14, 2026**

## Schedule

### FRIDAY, March 13, 2026

4:00pm to 7:00pm - Check In  
7:00pm - Meet and Greet  
8:00pm - Speaker: Josh C. Gonzalis, LA  
9:30pm - Ending Our Day from Big Book Meeting; Evening Inventory

### SATURDAY, March 14, 2026

6:00am - 6:30am - Meditation Back Patio  
7:00am - 8:00am - Walking Meditation  
8:00am - 9:00am - Breakfast  
10:00am - 11:00am - Workshop - Step 6  
11:00am - Fellowship  
12:00pm - Lunch  
1:30pm - 2:30pm - Workshop - History of AA  
3:30pm - 4:30pm - Workshop - Step 10  
5:30pm - 6:30pm - Dinner  
7:30pm - 8:30pm - Speaker: Matthew M. Santa Paula, CA  
9:30pm - 10:30pm - Meeting and Bonfire

### SUNDAY, March 15, 2026

6:00am - 6:30am - Meditation Back Patio  
7:00am - 8:00am - Walking Meditation  
8:00am - 9:00am - Breakfast  
9:30am - 10:30am - Speaker: Tony P. Lafayette, LA  
11:00am - 12:00pm - Checkout; early registration for following year

Serenity Weekend Presents

# Family Potluck BINGO Night



SAT.  
MARCH

21

Highland  
Club  
1711 Tulane  
Ave

From  
5:00 pm  
8:30 pm

- Supper @ 5:00 pm
- Games @ 6:00 pm
- 5 Games -\$10.00
- Bonus Round  
\$5.00 each card

WINNER Splits  
the POT

We kindly invite you to whip up a homemade  
covered side dish or a sweet treat to share!

More info? Call James B. 318-751-1203



# Spirit of the Pines

at Camp Olympia  
on beautiful Lake Livingston in Texas

April 10-12, 2026

Pre-registration (online or by mail) closes April 1, 2026, so please make sure your form is received (not postmarked) by that date. You may still register onsite for \$155.00 by cash or check only (no credit card or Venmo, etc.)

Scholarships – **Call** the Registrar, Jan P. at 713-515-7469 to request a scholarship. Scholarship request letters, money and registration form must be received no later than April 1, 2026  
**SCHOLARSHIPS WILL NOT BE AVAILABLE ONSITE.**

Refunds – **All registrations are non-refundable but transferable.** **Registrar** must be notified of transfers no later than Wednesday, April 8, 2026. Transfers will not be made on site.

For more information on the retreat, or to pre-register online, go to  
[SpiritOfThePines.org](http://SpiritOfThePines.org)

or pre-register with check or money order using the form below ↓

\*\*\*\*\*  
Return this form with pre-registration/scholarship check or money order to:

**SPIRIT OF THE PINES | c/o Jan Pilcher | 2503 Rogers Circle | Kerrville, TX 78028**

- **AMOUNT PER PERSON:** \$140 to pre-register by mail, \$145 online, and \$155 for in-person registration.
- Indicate preferred cabin name or number, and PLEASE indicate a second choice. You can refer to the website for the Camp layout, cabin names, and other info.
- Donations for scholarships will be appreciated; please indicate donation amount below.

Name: \_\_\_\_\_ Women's Cabin: \_\_\_\_\_ Men's Cabin: \_\_\_\_\_

Mailing address: \_\_\_\_\_ Phone# ( \_\_\_\_ ) \_\_\_\_\_

City: \_\_\_\_\_ Sobriety Date: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

Registration amount: \$ \_\_\_\_\_ Half scholarship amount: \$ \_\_\_\_\_ Scholarship donation: \$ \_\_\_\_\_

# JOIN US FOR THE 20TH ANNUAL *Fellowship of the Spirit South*

APRIL 17TH - 19TH, 2026

**CHAIR: ALLISON C.**

CHAIR@FOTSSOUTH.COM

**Co-CHAIR: STEPHANIE S.**

COCHAIR@FOTSSOUTH.COM

## **SPEAKER LINE UP:**

**Sarah I.**

Philadelphia, Pa

7:30 pm Friday's AA Speaker

**Hannah B.**

Santa Rosa Beach, FL

2:45 pm Saturday's Al-Anon Speaker

**Chad P.**

Ocean Grove, NJ

7:00 pm Saturday's AA Speaker

**Kurt Z.**

Redondo Beach, Ca

9:30 am Sunday's AA Speaker

## **LOCATION: Home 2 Suites**

**by Hilton**

1909 Kaliste Saloom Road,

Lafayette, LA 70508

337-706-8610

YOU CAN REGISTER ONLINE AT  
**WWW.FOTSSOUTH.COM**

## **PRICING:**

**\$35 per person**

(if paid **by** 3/28/26)

**\$40 per person**

(if paid **after** 3/28/26)

## **Room rate:**

1 King bed \$159

2 Queen beds \$169

see link on website

## **SHIRTS FOR SALE:**

\$25 SHORT SLEEVE

\$30 LONG SLEEVE



## **REGISTRATION:**



## **SCHEDULE:**

### **Friday, April 17**

12:00 pm Registration

1:00 pm Workshop (Step 1 & 2)

2:15 pm Workshop (Step 3)

3:30 pm Workshop (Step 4 & 5)

4:45 pm Workshop (12 Concepts)

5:45 pm Dinner & Fellowship (included)

7:30 pm AA Speaker (Sarah I.)

9:00 pm Prayer & Meditation

### **Saturday, April 18**

7:00 am Prayer & Meditation

8:30 am Workshop (Steps 6 & 7)

9:45 am Workshop (Steps 8 & 9)

11:00 am Workshop (Steps 10 & 11)

12:00 pm Lunch & Fellowship (included)

1:30 pm Workshop (12 Traditions)

2:45 pm Al-Anon Speaker (Hannah B.)

4:30 pm Workshop (Step 12)

5:30 pm Dinner & Fellowship (included)

7:00 pm LIVE auction

7:30 pm Speaker (Chad P.)

9:00 pm Prayer & Meditation

### **Sunday, April 19**

7:00 am Prayer & Meditation

8:00 am Conscience of the Conference

9:30 am AA Speaker (Kurt Z.)

**\*PRICE INCLUDES ENTRY  
FOR THE ENTIRE WEEKEND,  
FRIDAY DINNER, & BOTH LUNCH  
& DINNER SATURDAY.\***

## Thursday

May 14th

5:00 PM Registration Begins at Barak Shrine Temple  
 6:30 PM Hospitality Room Opens  
 8:00 PM Kickoff Meeting  
 AA Speaker: Barbara C (Monroe, LA)

## Friday

May 15th

4:00 PM Registration  
 6:00 PM Hospitality Room Opens  
 7:30 PM Opening Ceremony: Sobriety Count Up  
 8:00 PM AA Speaker: Scott S (Ten Mile, TN)

## Saturday

May 16th

8:00 AM Registration and Hospitality Room Opens  
 9:00 AM AA Meeting (Main Ballroom), Al-Anon Meeting (Shriner Room)  
 10:30 AM Bingo (Main Ballroom)  
 12:00 PM Hospitality Room Opens  
 1:30 PM Al-Anon Speaker: Allison M. (Birmingham, AL)  
 3:00 PM Sponsorship Workshop (Led by speakers)  
 5:00 PM Hospitality Room Opens (Fish Fry)  
 6:45 PM Prize Raffle and 50/50 Raffle  
 8:00 PM AA Speaker: Scott L. (Nashville, TN)  
 9:30 PM Talent Show (Following Speaker)

## Sunday

May 17th

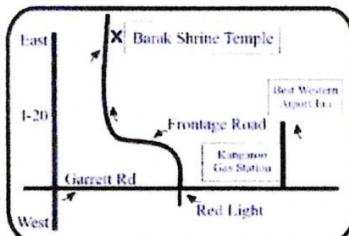
8:00 AM Hospitality Room Opens  
 9:45 AM Sobriety Count Down  
 10:00 AM Love Meditation: Scott L (Nashville, TN)

# 39<sup>th</sup> Annual NELA Roundup AA Convention

In cooperation with Al-Anon



Voice: Darren J. (Monroe)  
 Convention Chair: Diamonique G.  
 (318) 692-8213  
 nelaroundup@gmail.com



### BARAK SHRINE TEMPLE

6620 FRONTAGE ROAD, MONROE, LOUISIANA 71202

### 39<sup>th</sup> ANNUAL NELA ROUND UP 2026 – Half Measures Availed Us Nothing– REGISTRATION

The convention Hospitality Room will open Thursday at 6:30 p.m. and close during each meeting

Registration: \$30 each \*\*Please wear badges at ALL times\*\*

Name:  
 (Print Clearly)

Mailing Address:  
 (Print Clearly)

AA    Al-Anon    Other    Homegroup

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____



Checks payable to: NELA Roundup

Mailing address: P.O. Box 5063  
 Monroe, LA 71210

Register online at [LADistrict4.com](http://LADistrict4.com) Total Enclosed: \_\_\_\_\_

Sponsorship Contributions: \$\_\_\_\_\_ Lend a hand to those unable to afford registration.

Pre-Registration \$25 per person until May 1<sup>st</sup>, 2026

There will be one drawing Saturday night for pre-registered guests - \$25 cash prize awarded  
[www.LADistrict4.org](http://www.LADistrict4.org)





November 6-8, 2026

Bossier Civic Center

Bossier City, LA

Speakers TBA

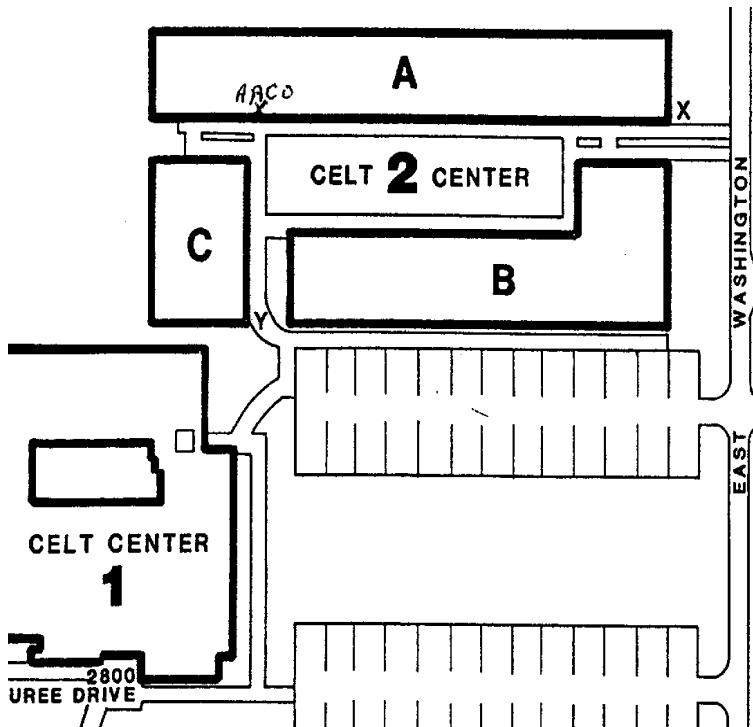
Early Registration \$25

**SAVE THE DATE**

### *Central Office*

Please come by to check out our selection of approved AA World Services Books, Step workbooks, daily meditations, Bill W.'s Autobiography, Al-Anon books and workbooks and more. Colorful tri-plate medallions, recovery jewelry and greeting cards that make ***our anniversaries memorable.***

If you don't see what you are looking for we will order it for you upon availability.



### *The Central Office Intergroup*

**The Central Office of Shreveport**  
**2800 Youree Dr., Suite #362 Bldg A**  
**Shreveport, LA 71104-3646**

